

# SUICIDE FIRST RESPONDER TRAINING

Evidence Based Globally Accredited

Uk Accreditation by



In Association with



Indian Association of  
Private Psychiatry

## What You Can Expect

### The impact and value of personal and professional experience with suicide

- Barriers that prevent people at risk seeking help
- Prevalence of suicidal thoughts and suicidal behaviour
- The Signs of Suicide and the Suicide- Safety Guide
- Partnership working and community resources
- Crisis intervention skills
- Risk assessment training
- Role play

## Training Curriculum

### Part 1

- Introduction to: the day; programme; ourselves and suicide prevention
- Stigma, Survivors of bereavement by suicide and the Hidden Toll
- Suicide thoughts and suicide behaviour
- Intention of behaviour Versus Outcome of behaviour
- Possible Causes of Suicide thoughts

## Internationally Accredited

### Part 2

- Suicide – the Ripple Effect
- Population – based approach to suicide prevention
- Partnership working
- Working with attitudes and values
- I'm Really Glad You Told me" audio visual

### **Assessment Included**

**Risk assessment tool and role play included**

## Safe Guarding

### Part 3

- Meeting the needs of a person who is thinking about suicide
- Suicide – Safety Guide
- **Step 1** – Recognising suicide and Asking about suicide
- **Step 2** – Understanding options

## Trauma Informed

### Part 4

- **Step 3** – Safeguarding suicide
- Suicide – safety and self- care
- The risk assessment approach
- Future learning



**Safe  
Space™**

## Schedule for the Batches (2 weekends, 16 hours)

### Batch 1

12 <sup>th</sup> June	:	1pm – 5pm
13 <sup>th</sup> June	:	9am – 1pm
26 <sup>th</sup> June	:	1pm – 5pm
27 <sup>th</sup> June	:	9am – 1pm

### Batch 2

10 <sup>th</sup> July	:	1pm – 5pm
11 <sup>th</sup> July	:	9am – 1pm
24 <sup>th</sup> July	:	1pm – 5pm
25 <sup>th</sup> July	:	9am – 1pm

### Batch 3

21 <sup>st</sup> August	:	1pm – 5pm
22 <sup>nd</sup> August	:	9am – 1pm
4 <sup>th</sup> September	:	1pm – 5pm
5 <sup>th</sup> September	:	9am – 1pm



To Register, click...

<https://rzp.io/l/SuicideFirstResponder>

For Any Query

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