



MID TERM CME

# Indian Association of Private Psychiatry

# IAPP 2022

Theme: **Evolving newer strategies for the  
Private Practice of Psychiatry**

18-19 June 2022, Regency Lagoon Resort, Rajkot

# MESSAGE



It gives us great pleasure to welcome all of you for the IAPP Mid Term CME 2022 to be held in Rajkot on 18th and 19th June 2022.

We wish the organizing team all the best and wish the CME a grand success. IAPP has always been in the forefront of academic activities aimed at psychiatrists in private practice and this CME shall also provide an academic feast that will be cherished by all.



**Dr. Anu Kant Mital**  
President, IAPP



**Dr. Avinash De Sousa**  
Hon'y Secretary  
General, IAPP

# INVITATION



Dear Members.

We are pleased and feel honoured to announce that IAPP National Mid Term CME- 2022 will be organised by Rajkot Psychiatry Club on 18-19th June, 2022 in Rajkot, Gujarat.

We, on behalf of the organizing committee, extend a standing invitation to you and your family to glorify the IAPP National Mid Term CME 2022, by your esteemed presence.

Conferences offer a platform for professionals to share their expertise, knowledge and experience. We all should believe in INSPIRE. INVOLVE AND TRANSFORM, which means that achievers with their achievements shall serve as a source of inspiration to participants, inviting involvement and interaction, with transformation as a consequence.

Rajkot is situated in the region called Saurashtra in the Gujarat state of India. The significance of Rajkot's location is owing to the fact that it is one of the prime industrial centres of Gujarat. Rajkot has a central location in the area called the Kathiawar peninsula. Rajkot city is the administrative headquarters of the district of Rajkot. The district is surrounded by Somnath, Dwarka, Sasan-Gir, and Diu.

Rajkot is multicultural. One can find many languages, like Gujarati, Hindi, Urdu, English, Sindhi, Bengali, Tamil, Malayalam and Marathi. However, only Gujarati, Hindi and English are well understood. Rajkot is the part of Kathiyawad. Because of this, people of Rajkot are also known as Kathiyawadi.

Rajkot is frequently referred to as Rangilu Rajkot (રંગીલુ રાજકોટ), meaning "Colourful Rajkot". Rajkot is also called as "Chitrnanagri" (City of Paintings).

Rajkot is well connected to major Indian cities by air, railway and road.



**Dr. Mrugesh Vaishnav**  
Organising Chairperson  
IAPP MID TERM CME



**Dr. Vijay Nagecha**  
Organising Secretary  
IAPP MID TERM CME



**Dr. Chetan Hansalia**  
Joint Organising Secretary  
IAPP MID TERM CME 2022

# IAPP MID TERM CME -2022



**Dr. Anu Kant Mital**  
President  
IAPP



**Dr. Avinash De Souza**  
Hon'y Secretary  
General, IAPP



**Dr. Venu Gopal Jhanwar**  
Vice - President  
IAPP



**Dr. Deepak Raheja**  
Hon'y Treasurer  
IAPP



**Dr. Mahesh Gowda**  
Hon'y Editor  
IAPP

## EXECUTIVE COUNCIL MEMBERS

- Dr. Parmod Kumar
- Dr. Venu Gopal Jhanwar
- Dr. Gulbahar S Sidhu
- Dr. Ashwin Mohan
- Dr. Indira Sharma
- Dr. Ruksheda Syeda
- Dr. Deepak Raheja
- Dr. Mahesh Gowda

## EC ZONAL MEMBERS

- Dr Mrugesh Vaishnav (West)
- Dr. NRP Balaji (South)
- Dr. Prosenjit Ghosh (East)
- Dr. Manaswi Gautam (North)

## NAB MEMBERS

- Dr. Dinesh Narayanan
- Dr. E. Mohandas
- Dr. G. Prasad Rao
- Dr. Gautam Saha
- Dr. I. R. Subba Reddy
- Dr. K. G. Thanvi
- Dr. M. S. Reddy
- Dr. Parmod Kumar
- Dr. R. C. Sidana
- Dr. Rajesh Nagpal
- Dr. S. C. Malik
- Dr. Shashi Rai
- Dr. Sunil Mittal
- Dr. Tophan Pati
- Dr. Venu Gopal Jhanwar
- Dr. Vihang Vahia
- Dr. Anu Kant Mital
- Dr. Jaisukh Parmar
- Dr. Abhay Matkar

## NAB ZONAL MEMBERS

- Dr. Dhananjay Ashturkar (West)
- Dr. K Chandrashekar (South)
- Dr. Anweshak Das (East)
- Dr. C.B. Madhesia (North)

# IAPP MID TERM CME - 2022



## NAB FELLOW CATEGORY

- Dr. Arabinda Brahma
- Dr. Ramanan Earat
- Dr. Nilesh Shah

## NAB MEMBER CATEGORY

- Dr. Atul Ambekar
- Dr. Sandeep Grover

## NAB ASSOCIATE CATEGORY

- Mrs. Mohini Jhanwar

# IAPP MID TERM CME - 2022



## Patrons

- Dr. B.N. Gangadhar
- Dr. Dinesh Narayan
- Dr. E. Mohandas
- Dr. G. Prasad Rao
- Dr. M.S. Reddy
- Dr. Rajesh Nagpal
- Dr. Sunil Mittal

## Advisors

- Dr. Abdul Majid
- Dr. Ajay Chauhan
- Dr. Ajit Avasthi
- Dr. Ajit Bhide
- Dr. Arbinda Brahma
- Dr. Arun Marwale
- Dr. Bakul Buch
- Dr. Gautam Saha
- Dr. H. R. Phookan
- Dr. Hitendra Gandhi
- Dr. I R S Reddy
- Dr. J. M. Parmar
- Dr. K. G. Thanvi
- Dr. K. Narsimha Reddy
- Dr. Mahesh Chudgar
- Dr. MSVK Raju
- Dr. Mukesh Jagiwala
- Dr. N. N. Raju
- Dr. O. P. Singh
- Dr. Philip John
- Dr. Prabir Paul
- Dr. R. R. Ghoshroy
- Dr. Rajesh Maniar
- Dr. Roop Sidana
- Dr. S. C. Malik
- Dr. S. C. Tiwari
- Dr. S. Nambi
- Dr. Shiv Gautam
- Dr. Vidhyadhar Vatve
- Dr. Vinay Kumar

## Organising Chairperson

Dr. Mrugesh Vaishnav

## Organising Secretary

Dr. Vijay Nagecha

## Joint Organising Secretary

Dr. Chetan Hansalia

## Treasurer

Dr. Bhavesh Kotak

## Joint Treasurer

Dr. Rajesh Vagharia

## Coordinators - National

- Dr. Abhay Matkar
- Dr. Anoop Vincent
- Dr. Bhavesh Lakdawala
- Dr. M. Aleem Siddiqui
- Dr. N R P Balaji
- Dr. Prosenjit Ghosh
- Dr. Sujeet Sarkhel
- Dr. Umesh Nagapurkar
- Dr. Vikas Thanvi

## Coordinators - Gujarat

- Dr. Arun Khatri
- Dr. Chintan Solanki
- Dr. Gaurang Thanki
- Dr. Himanshu Desai
- Dr. K. B. Patel
- Dr. Mahesh Panchal
- Dr. Natu Patel
- Dr. Navin Modi
- Dr. Parth Vaishnav
- Dr. Ramesh Mankad
- Dr. Sandip Shah
- Dr. Vipul Shah

## Scientific Committee

### Chairperson

Dr. Kamlesh Patel

### Co-Chairperson

Dr. Vimal Somaiya

### Convener

Dr. Swati Karangia

### Member

Dr. Milan Rokad  
Dr. Gayatri Rathod

## Reception Committee

### Chairperson

Dr. Dharmesh Maniar

### Co-Chairperson

Dr. Shruti Kansagara

### Convener

Dr. Rajesh Ram

### Member

Dr. Vishal Garala  
Dr. Ankit Patel  
Dr. Milan Nathwani

# IAPP MID TERM CME - 2022



## SCIENTIFIC PROGRAMME

Day 1 - 18th June 2022

TIME	TOPIC	SPEAKERS
14:00 – 14:30	Inauguration	
14:30 – 15:00	NMDA Encephalitis and its clinical relevance for Psychiatrists	Dr. E Mohandas
15:00 – 15:30	Implementation of Yoga in day to day clinical practice	Dr. B.N Gangadhar
15:30 – 16:00	New Vistas in understanding Alzheimer's disease	Dr. G. Prasad Rao
16:00 – 16:30	Psychiatric and Neuropsychiatric issues in COVID - 19 Infection	Dr. Mrugesh Vaishnav
16:30 – 17:00	Managing medical comorbidities in Private Psychiatry Practice	Dr. Sandeep Grover
17:00 – 17:15	Tea Break	
17:15 – 17:45	Brief Psychotherapy in Day to day Clinical Practice	Mrudula Joshi (Psychologist)
17:45 – 18:45	Endoxifen in Bipolar Disorder – A Panel Discussion	<b>Moderator:</b> Dr. Rajesh Nagpal <b>Speaker:</b> Dr. Debashish Ray <b>Panelist:</b> Dr. G. Prasad Rao Dr. Venu Jhawar Dr. Gautam Saha Dr. Vijay Nagecha Dr. Chetan Hansalia
18:45 – 19:30	Anti-Depressants in Bipolar Disorder - A Debate	<b>Moderator:</b> Dr. Sunil Mittal <b>Speaker:</b> Dr. Deepak Raheja (FOR) Dr. Ruksheda Sayeda (AGAINST)
19:30– 20:30	E C Meeting	
20:30 Onwards	Gala Dinner	

# IAPP MID TERM CME - 2022



## SCIENTIFIC PROGRAMME

Day 2 - 19th June 2022

TIME	TOPIC	
8:00 -9:00	NAB Meeting	
9:00 -9:45	Symptom Based Management in Borderline Personality Disorder	Dr. Nilesh Shah
9:45 – 10:15	Erectile Dysfunction - Beyond PDE-5 Inhibitors	Dr. Rajeev Sood (Urologist, Delhi)
10:15 – 10:45	r-TMS in Substance Abuse Disorders - Newer Insights	Dr. Nand Kumar
10:45 – 11:30	Technology: Part of life or life itself. The debate on pathologizing digital behaviours	<b>Moderator:</b> Dr. Avinash De Sousa <b>Speakers:</b> Dr. Dhruv Parmar – Digital behaviour is Pathological Dr. Parth Vaishnav – Don't Pathologize Digital Behaviour
11:30 – 11:45	Tea Break	
11:45 – 12:15	Evolving newer solutions to challenges in Private Psychiatry	Dr. Mahesh Gowda
12:15 – 12:45	Managing treatment resistant OCD in Private psychiatry practice	Dr. O.P Singh
12:45 – 13:15	Non Suicidal Self Injury - Clinical management	Dr. Ajay Chauhan
13:15 – 13:30	An Epigenetic Approach To Rapidly Treat Depression with Co-Morbid Anxiety	Prof. Carla Nasca
13:30 – 13:45	Learning's from US-FDA approved breakthrough transformational RAPID Acting Anti Depressant (RAAD) - Esketamine	Dr. Rajaram Samant
13:45 Onwards	Lunch	



# IAPP MID TERM CME - 2022



## FACULTIES



Dr. E Mohandas



Dr. G Prasad Rao



Dr. B N Gangadhar



Dr. Nilesh Shah



Dr. Venu Gopal Jhanwar



Dr. Rajesh Nagpal



Dr. Gautam Saha



Dr. O P Singh



Dr. Sandeep Grover



Dr. Avinash De Sousa



Dr. Debashish Ray



Dr. Mahesh Gowda



Dr. Ruksheda Sayeda



Dr. Rajeev Sood



Dr. Nand Kumar



Dr. Ajay Chauhan



Dr. Manaswi Gautam



Dr. Parth Vaishnav



Dr. Dhruv Parmar



Mrudula Joshi

### Registration Form

Name  Last  Middle  First

Date of Birth  /  /  Gender M  F

Address

District

State  Pin/Zip/Post Code

Country

Contact numbers (with STD Codes)

Mobile  Resident/  
Office

E-mail

Qualifications  Year

\*State Council Reg. No.  \*IAPP Membership No.

Accompanying 1.  Age   
Persons 2.  Age

\* Details marked with asterisk is mandatory

Registration mandatory for all attendees

#### Registration Fees

Categories	Till 31 <sup>st</sup> May 2022	1 <sup>st</sup> June 2022 Onwards
IAPP Member	4000	6000
Accompanying IAPP Member	3000	5000
Non IAPP Member	5000	7000
Accompanying Non IAPP Member	4000	6000
Student	2000	3500
Corporate Registration	30000	45000

All figures in INR, figures are inclusive of GST

Registration fees will be non-refundable. Registration fees includes: Access to all scientific sessions, Conference material, Refreshments & Dinners served during conference.

Registration payment to be drawn in favor of:

Account Name: **RAJKOT PSYCHIATRY CLUB**

Bank Name: **HDFC**

Account Number: **50200024180169**

IFSC Code: **HDFC000101**

Branch: **Dr. Yagnik Road, Rajkot**

Completely filled registration forms and cheques / DD to be sent to: **Dr. Vijay Nagecha, Creative chambers, Behind Bus Station, Kanak Road, Rajkot, 360001. Gujarat.**

E-mail: **iappmidtermcme2022@gmail.com**

Online NEFT Transfers and online Registration Forms also available.

Organising Chairperson  
**Dr. Mrugesh Vaishnav**  
Mobile: +91 9825767565

Organising Secretary  
**Dr. Vijay Nagecha**  
Mobile: +91 9824201520

Joint Organising Secretary  
**Dr. Chetan Hansalia**  
Mobile: +91 9825217810

# IAPP MID TERM CME - 2022



## RAJKOT PSYCHIATRY CLUB



**Dr. Paresh Shah**  
Chairman



**Dr. Vijay Nagecha**  
President



**Dr. Bhavesh Kotak**  
Vice President



**Dr. Chetan Hansalia**  
Secretary



**Dr. Rajesh Vaghasia**  
Joint Secretary



**Dr. Kamlesh Patel**  
Treasurer

## IAPP GUJARAT STATE BRANCH



**Dr. Mrugesh Vaishnav**  
Founder President



**Dr. Vijay Nagecha**  
Secretary



**Dr. Hitendra Gandhi**  
Vice President



**Dr. Himanshu Desai**  
Joint Secretary



**Dr. Chetan Hansalia**  
Treasurer



**Dr. Natu Patel**  
Editor

# PLACES TO VISIT IN RAJKOT



## Gandhi Museum

Mahatma Gandhi Museum, Rajkot was previously known as Mohandas Gandhi Vidhyalaya, Alfred High School and Kathiawar High School established on 17th October 1853 with 36 students.

Gandhiji completed his graduation from Alfred High School (Kathiawar High School) in the year 1887. Out of 38 students who had passed the high school entrance examination, Gandhiji was one of only two students in his year of matriculate.

## Pradhyuman Zoological Park

Pradhyuman Zoological Park is located near Lalpari Lake in Rajkot, Gujarat. It is commonly referred to as the Pradhyuman/Rajkot Prani Sanghralaya. The area covered by the park is 137 acres wide. Many locals and tourists visit this place as a popular picnic destination as an excursion or a school tour visit.



## Rotary Doll Museum

The Rotary Dolls Museum ( RDM ) is located in the city of Rajkot, State of Gujarat , India (South Central Asia.). This unique Museum gives an overview to the culture and traditions of the world at large through a medium of dolls. The Rotary Clubs across the world have generously donated these Dolls to the Rotary Club of Rajkot Midtown. This vision was conceived in 2001 by the Rotarian Mr. Deepak Agrawal.

# PLACES TO VISIT IN RAJKOT

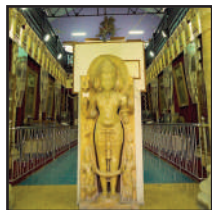


## **Khambhalida Buddhist caves**

Khambhalida Caves are three Buddhist Caves located in Jetpur in district of Rajkot in Gujarat, India. a famous archeologist P. P. Pandya, discovered these Buddhist Caves in 1958. The caves are believed to have come into existence in the 4th or 5th century AD. The caves are situated at the foot of small hillocks.

## **Watson Museum**

The museum is set up in the Queen Victoria memorial institute buildings located in Jubilee Garden, Rajkot. The Watson Museum exhibits copies of artifacts from Mohenjodaro, natural history, 13th century carvings, temple statues, costumes and it also has an excellent collection of traditional, archaeological items.



## **Prem Mandir**

The Sacred Heart Cathedral is also known as "Prem Mandir", meaning "temple of love" in Hindi and Gujarati. It is a cathedral of the Syro-Malabar Catholic rite in Rajkot. The cathedral, which is dedicated to the Sacred Heart of Jesus, is situated near the bishops house.

# PLACES TO VISIT NEAR RAJKOT



## Gir National Park

Gir Forest National Park is a wildlife sanctuary in Gujarat, western India. It was established to protect Asiatic lions, who frequent the fenced-off Devalia Safari Park, along with leopards and antelopes. Gir Jungle Trail, outside the fenced area, traverses deciduous forest and is home to wildlife including vultures and pythons. The Kamleshwar Dam has marsh crocodiles and birds, such as Indian skimmers and pelicans.

## Somnath Temple

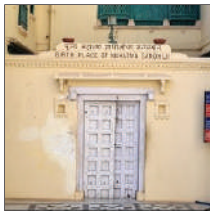
One of the 12 jyotirlinga shrines of Shiva, Somnath Temple is also the specimen of fine architecture. Dubbed as Eternal Shrine, it is believed to be the place where Lord Krishna ended his Lila and thereafter for heavenly abode.



## Dwarka

Dwarka is an ancient city in the northwestern Indian state of Gujarat. It's known as a Hindu pilgrimage site. The ancient Dwarkadhish Temple has an elaborately tiered main shrine, a carved entrance and a black-marble idol of Lord Krishna. Dwarka Beach and nearby Dwarka Lighthouse offer views of the Arabian Sea. Southeast, Gaga Wildlife Sanctuary protects migratory birds and endangered species like the Indian wolf.

# PLACES TO VISIT NEAR RAJKOT



## Porbandar

Porbandar is a city in the Indian state of Gujarat, perhaps best known for being the birthplace of Mahatma Gandhi and Sudama. It is the administrative center of the Porbandar District and it was the former capital of the Porbandar princely state.

## Diu

Diu is a coastal town at the eastern end of Diu Island, India. A bridge connects the island to the state of Gujarat. Overlooking the Arabian Sea, Diu Fort, a 16th-century Portuguese citadel, features a lighthouse and cannons. Inland, centuries-old St. Paul's Church was built in elaborate baroque style. Nearby, whitewashed St. Thomas Church is now home to the Diu Museum, with wooden carvings and religious artifacts.



## Veraval

The city of Veraval is the headquarters of the district of Gir Somnath, Gujarat. This beautiful place is positioned at about 6 kilometers from the renowned Somnath Temple in Saurashtra. Veraval is mainly famous for fisheries and it is the major industry in the city which is governed by the fisherfolk known as "Kharwas". The city is also well-known for building boats.

● **ATENDATE SR-18/36/54**  
METHYLPHENIDATE SR-18/36/54 MG.

● **VORTIXET-10/20**  
VORTIOXETINE-10/20 MG.

● **TADLENTH**  
CLOMIPRAMINE-10 MG.,  
FLUOXETINE-10 MG. &  
TADALAFIL-5 MG.

● **VARNITRIP-0.5/1**  
VARENICLINE-0.5/1 MG.

● **BRIVALEPSY-25/50/75/100**  
BRIVARACETAM-25/50/75/100 MG.



**25**  
YEARS  
OF GLORIOUS  
SUCCESS